

THE ANGELS JOURNEY

A silhouette of two people standing on a rocky peak, looking out over a misty mountain landscape at sunrise. The sky is a gradient from blue to yellow. In the top right corner, there is a large, stylized red and grey question mark.

GIVING life A CHANCE.

Every 30 minutes a stroke patient in Europe, who could have been saved, dies or is left permanently disabled not just because of the stroke but because they were treated in the wrong hospital.

That is quite a statement if you think about it. People are ending up disabled or dead not because of the disease but because of where they are treated. No wonder then that the European Stroke Organisation guidelines recommend that all stroke patients be treated in hospitals with organised stroke care. What I did not really fully understand in the past was what a difference it could actually make for a stroke patient. That was until someone very close to me suffered a stroke and was taken to the wrong hospital. My mother-in-law was admitted to hospital only 30 minutes after her symptoms started, unfortunately it took 7 hours before the first CT scan was done and by that time it was obviously too late to make any difference. Today we live with the consequences, which is something that back in 2014 I have vowed to change for as many patients as possible.

This magazine is dedicated to sharing the stories of those who share our passion. We have been blown away by how many motivated people there are out there that were just waiting for some helping hand. These doctors, nurses, ambulance staff and in some cases even admin people are the true Angels and we will use this platform to honour them in future.

In this issue we start with a story of Ukrainian hope. It's a country with so many reasons why this project and stroke care should not work, but due to the dogged determination of individuals we are seeing amazing things happen. We then talk about the value of community and how it helped an island feel a bit closer to the rest of the world. After this we fly over for some inspiring lessons from Slovakia and Hungary before we challenge some mind-sets with a perspective from Poland.

We finish this edition with a story about a broken wheel in the centre of the world and finally a challenge to you all set by the country where Angels started for me - South Africa.

We hope the stories inspire you to become part of this Angels Community if you're not already, but more than that we hope to have your story featured in next quarter's edition.



Jan Van Der Merwe
Angels Europe - Project Lead

Ukraine An island in the storm

"Go to Vietnam and find a solution for child malnutrition in the 10,000 plus impoverished villages there."

Oh, and by the way Jerry, you have 6 months to show results."

This was the challenge given to Jerry Sternin back in 1990. Fast forward 20 years and now millions of children in Vietnam run around in flowing rice fields, seemingly with enough energy to last them all week. How did he do it you ask, by looking for bigger, more well fed kids, the bright spots in the villages, and creating a space where their moms could share their secret recipes with the moms of malnourished kids in village led cooking groups.

Launching a stroke project in a country with a nationwide recanalization procedure rate of less than 1% is no less daunting. For many patients in Ukraine, a stroke is a fatal diagnosis. Even with recent efforts to improve the awareness and treatment of stroke, the level of care is still wildly inconsistent. That is except for in one small city 260km south-west of Kyiv called Vinnytsia.

Approaching the hospital feels like stepping into an old sixties James Bond movie, but move inside to the stroke unit and you will find a beacon of hope. The stroke team under the leadership of Prof. Sergii Moskovko is able to treat in excess of 20% of their patients. In fact they treat more patients with recanalization therapy than all other stroke ready hospitals in Ukraine combined. It is no wonder then that when the Angels Initiative consultants started their activities in the field the first place they went to learn was Prof. Moskovko's clinic.

In our experience from implementing Angels in other low - and middle income countries we've learned that there are often a thousand different reasons for why the situation is what it is and why it is impossible to change. It's not that those issues did not exist in Vinnytsia, it's just that they were considered TBU - True But Useless. There was no challenge that was not solvable with a practical local solution.



With a bag full of tried and tested local solutions, a mentor in Prof. Moskovko and renewed motivation that maybe, just maybe this time we can make a lasting difference, the Angels Initiative was launched in Ukraine. It was attended by 700 strokeologists from all regions of the country, including prominent experts like former Minister of Health and President of the Ukrainian Anti-Stroke Association - Prof. Mykola Polishchuk, Chief neurologist - Prof. Tamara Mischenko, Chief neurosurgeon - Prof. Eugen Pedachenko, Chief internist - Prof. Vasyl Netiashenko, and of course, Prof. Moskovko, who had now become the National Coordinator of the Angels Initiative in Ukraine.

Since then the initiative; now with a distinct Vinnytsia flavour, is busy being implemented across the country and has caused quite a stir. It has been officially endorsed by the Ukrainian Anti-Stroke Association; the Society of Neurologists, Psychiatrists and Narcologists of Ukraine; the Association of Internal Medicine Doctors of Ukraine and the Ukrainian Association of Neurosurgeons.

It is very early in our journey, but the Angels Initiative in Ukraine has gained a momentum never before experienced in the country. From a standing start and with the motivation of Prof. Moskovko and the endorsement of the entire Ukrainian medical profession, the Angels network goes beyond simply adding value. It is proving that no matter what the situation, a solution is often only one bright spot away.

A circular photograph of a grandfather and his young grandson sitting on a wooden bench in a park. The grandfather, with white hair and a mustache, is wearing a white shirt and dark trousers, and is blowing bubbles from a green bottle. The grandson, wearing a striped polo shirt and shorts, is reaching up to catch the bubbles. Several bubbles are floating in the air between them. The background shows green trees and a grassy field.

GIVING *life*
A CHANCE.